

Health Protocols

COVID-19 Symptoms: Parents, students, faculty and staff should be familiar with all symptoms (refer to CDC guidelines for the most up to date list of symptoms). Current symptoms as of the date of this publication include:

- A fever of 100.4° F or greater
- Cough
- Shortness of breath or difficulty breathing
- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- New loss of taste or smell

Stay Home From School: Individuals will not be on campus under any of the circumstances shown below. We need everyone to take these guidelines and compliance very seriously to mitigate the spread of COVID-19 and avoid closing our campus.

- Has a fever – Individuals should remain home for at least 72 hours after the fever subsides without the use of fever-reducing medicines.
- Exhibit one or more of any combination of COVID-19 symptoms (based on CDC guidelines) that are not otherwise explained. Once again, they will remain home 72 hours after the symptoms subside without the use of medicine. Have been exposed to someone diagnosed with COVID-19 (self-quarantine for 14 days.)
- Test positive for COVID-19.

Medical Inquiries: Federal law typically limits the type of medical inquiries that can be made, but given the nature of the pandemic more leeway has been given to schools in this circumstance to make additional medical inquiries of staff and students than would otherwise not be allowed.

- If a parent tells the school that a student is ill, the school may ask the parent whether the student is exhibiting any symptoms of COVID-19.
- If an employee calls in sick or appears ill, the school can inquire as to whether the employee is experiencing any COVID-19 symptoms.
- If a person is obviously ill, the school may make additional inquiries and may exclude the person from school property.
- Even without symptoms, if a student or employee has recently had contact with a person with a suspected or confirmed case of COVID-19, has someone in their home being tested for COVID-19, or has recently traveled from somewhere considered to be a “hot spot” by the CDC, the school may exclude the student or employee from the school

building and recommend that they self-quarantine for 14 calendar days.

Decision Matrix for Parents and Students

#1 Situation	My child has a fever or is vomiting	My child has COVID-19 symptoms or came in contact with a confirmed COVID-19 case
	↓	↓
#2 What's Next?	My child must stay home	Child and siblings (if applicable) must stay home
	↓	↓
#3 Next Steps	Inform the office of the child's illness and coordinate with the teacher to obtain and complete assigned work	Inform the office of the situation, obtain medical diagnosis or recommendations
	↓	↓
#4 Return to School	After 72 hours without fever or vomiting and without fever-reducing medication	After obtaining medical clearance to return to school and in consultation with the school nurse

Decision Matrix for Employees

<p>#1 Situation</p>	<p>The employee has a fever or is vomiting</p>	<p>The employee has COVID-19 symptoms or came in contact with a confirmed COVID-19 case</p>
	<p>↓</p>	<p>↓</p>
<p>#2 What's Next?</p>	<p>The employee must stay home</p>	<p>Employee and children (if applicable) must stay home</p>
	<p>↓</p>	<p>↓</p>
<p>#3 Next Steps</p>	<p>Inform administration of employee illness and coordinate with admin for alternative teaching arrangements (if applicable)</p>	<p>Inform admin of the situation, obtain medical diagnosis or recommendation and coordinate with the admin</p>
	<p>↓</p>	<p>↓</p>
<p>#4 Return to School</p>	<p>After 72 hours without fever or vomiting and without fever-reducing medication</p>	<p>After obtaining medical clearance to return to school and in consultation with admin</p>

Re-Entry Protocols – Return to School

Once an individual determines they need to stay home from school, they may return if they satisfy the recommendations of the CDC. Currently, those guidelines are:

• **Untested:** Individuals who have not received a test proving or disproving the presence of COVID-19 but experience symptoms may return if the following three conditions are met:

- An individual has not had a fever for at least 72 hours (three full days) without the use of medicine that reduces fevers; and
- Other symptoms have improved (for example, when your cough or shortness of breath have improved); and
- At least 10 calendar days have passed since the symptoms first appeared.

• **Tested Negative:** Individuals who have tested for COVID-19 and the test results are negative. These individuals are free to return when they are exhibiting no symptoms or signs.

• **Tested Positive – Symptomatic:** Individuals who have tested positive for COVID-19 and have experienced symptoms may return to school when the following conditions are met:

- Individual has not had a fever for at least 72 hours (three full days) without the use of medicine that reduces fevers; and
- Other symptoms have improved (for example, when your cough or shortness of breath have improved); and
- At least 10 calendar days have passed since the symptoms first appeared

• **Tested Positive – Asymptomatic:** Individuals who have tested positive for COVID-19 but have not experienced symptoms may return to school when the following conditions are met:

- Individual has not experienced symptoms in the last ten calendar days and
- Approval in writing from a healthcare provider

• **Tested Positive for Antibodies:** Individuals who have tested positive for the antibodies are free to return to campus once they have been fever free for at least 72 hours (three full days).